

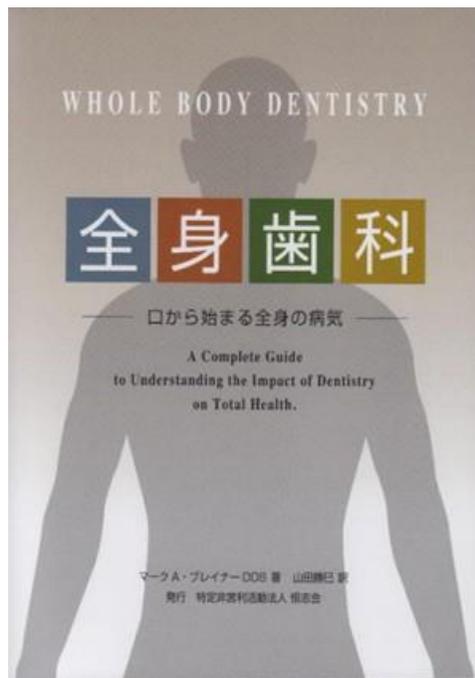
CONNECTICUT JEWISH LEDGER

Keeping teeth happy – in Japanese

Posted by Judie Jacobson

May 21, 2014

Special to the Ledger



TRUMBULL – Dr. Mark A. Breiner, a Trumbull-based dentist in private practice for more than 30 years, has announced publication of a Japanese edition of his landmark book on the relationship of teeth to whole body health. The Japanese company, Koushikai, published the new version of *Whole-Body Dentistry: A Complete Guide to Understanding the Impact of Dentistry on Total Health* in Japanese, the first non-English edition of the book.

Whole-Body Dentistry won the 2013 Eric Hoffer Honorable Mention Award for non-fiction E-book, was a 2012-2013 finalist for the E-Book, Book of the Year Awards and winner of the 2012 Global E-Book Award. Since its original publication, more than 40,000 copies of his book have been sold worldwide.

In his book, Breiner stresses the importance of using the safest possible treatment approaches for both children and adults.

“Most of us are familiar with the traditional ‘mouth-only’ orientation of dentistry,” said Breiner, who has practiced dentistry for more than 30 years. “It is focused on oral hygiene, fillings, and extractions.”

Whole-Body Dentistry represents a shift away from the traditional approach and offers what some feel is a revolutionary view of dentistry – one that recognizes that issues in the mouth can trigger seemingly unrelated physical illnesses.

The original edition of *Whole-Body Dentistry: Discover the Missing Piece to Better Health* was published in 1999. The updated and expanded edition, *Whole-Body Dentistry: A Complete Guide to Understanding the Impact of Dentistry on Total Health*, was published in 2011.

Breiner is a pioneer and recognized authority in the field of biological and holistic dentistry. He has been a leader in challenging the safety of placing mercury in the mouth and has identified other dental hazards to one’s health.

A resident of Fairfield, where he is a member of Congregation Ahavath Achim, Breiner was head of dental prosthetics at the White Sands Missile Range while he was a captain in the U.S. Army. He is a fellow of the Academy of General Dentistry, a past president and fellow of the International Academy of Oral Medicine and Toxicology and a fellow of the College of Dentistry, American Association of Integrative Medicine. In private practice since 1973, he writes a popular on-line newsletter, Whole-Body News Update